



# Earthen Jar

## Vegetarian Cuisine

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 www.earthenjar.com

Monday - Saturday 11-8  
 Sunday closed

**Quick & Healthy**

**Mostly Vegan Buffet  
 only \$5.99/lb**

**WE CATER**

**Large Pan \$100.00 • Half Pan \$50.00  
 1/3 Pan \$35.00**

*A Delightful Way  
 to Make Your Busy Life  
 A Healthy One*

<b>SAVI BEANS</b>	VEGAN	SPICY-HOT
green beans cooked in flavorful medley of spices		
<b>BROWN RICE</b>	VEGAN	NOT-SPICY
ground grain for health and longevity		
<b>FRIED TOFU</b>	VEGAN	NOT-SPICY
seasoned fried tofu		
<b>BASMATI RICE</b>	VEGAN	NOT-SPICY
flavorful rice from the foot of Himalayas		
<b>MIXED VEGETABLES</b>	VEGAN	SPICY
energetic vegetables with complimentary spices		
<b>MOTI</b>	VEGAN	SPICY-HOT
kidney beans with mushrooms spiced with herbs		
<b>VEGAN MAC &amp; CHEESE</b>	VEGAN	NOT-SPICY
cheesy vegan macaroni		
<b>MATTAR PANEER</b>		SPICY-HOT
traditional festive dish made with homemade cheese and peas		
<b>SAG PANEER</b>		MILD
smooth creamy spinach glorified with homemade cheese		
<b>KARAH PANEER</b>		SPICY-HOT
homemade cheese in a rich spicy mushroom herb sauce		
<b>PUNJABI KADHI</b>		SPICY-HOT
thick yogurt-curry gravy with mixed vegetables		
<b>PAKORA</b>		SPICY-HOT
spicy spinach, potato and onion fritters (gluten-free)		

### **SALAD BAR ..... \$5.99 / lb.**

<b>SPINACH SALAD</b>	VEGAN	NOT-SPICY
tangy spinach with tomato and onion		
<b>RIATA</b>		MILD
delightful spiced yogurt with vegetables		
<b>GREEN BEAN SALAD</b>	VEGAN	NOT-SPICY
green beans in a lemon dressing		
<b>POTATO SALAD</b>	VEGAN	SPICY
potato with spicy herb dressing		
<b>CHICK PEA SALAD</b>	VEGAN	SPICY
refreshing chick peas with mint dressing		
<b>FRESH SALAD</b>	VEGAN	NOT-SPICY
outstanding garden salad		
<b>SWEET-SOUR SAUCE</b>	VEGAN	NOT-SPICY
tamarind		
<b>HOME STYLE CHIPS</b>	VEGAN	NOT-SPICY

### **MAIN DISHES ..... \$5.99 / lb.**

<b>DAL MOONG WHOLE</b>	VEGAN	SPICY-HOT
spicy whole moong lentils in thick creamy sauce		
<b>CHANNA MASALA</b>	VEGAN	SPICY-HOT
chick peas in thick spicy tomato and herb masala		
<b>LOBIA</b>	VEGAN	NOT-SPICY
black eye beans in tomato and garlic masala		
<b>DAL MOONG WASH</b>	VEGAN	NOT-SPICY
comforting creamy lentils sautéed with onion		
<b>SAG-DAL</b>	VEGAN	NOT-SPICY
dal with spinach		
<b>SCRAMBLED TOFU</b>	VEGAN	NOT-SPICY
tofu curried with spice and onion		
<b>BAINGAN BHUJIA</b>	VEGAN	SPICY-HOT
eggplant in a spicy thick curry sauce		
<b>SHAHI KORMA SABZI</b>		MILD
broccoli-mushroom in rich masala sauce		
<b>MATAR ALU</b>	VEGAN	SPICY-HOT
potatoes and peas in a traditional Indian curry		
<b>GOBI ALU</b>	VEGAN	MILD
cauliflower in a bed of ginger and curry		
<b>ALU-BHUJIA</b>	VEGAN	SPICY-HOT
masala potatoes		
<b>ALU-TIKKI</b>	VEGAN	SPICY-HOT
potato masala		
<b>SABZI TORI</b>	VEGAN	NOT-SPICY
zucchini in soothing curried sauce		
<b>ALU BHAJI</b>	VEGAN	NOT-SPICY
potatoes flavoured with cumin		
<b>TEXTURED PROTEIN</b>	VEGAN	SPICY-HOT
vegetarian textured delight with soy and peas		
<b>TURNIP GREENS</b>	VEGAN	NOT-SPICY
lightly seasoned greens		
<b>VEGAN LASAGNA</b>	VEGAN	NOT-SPICY
pasta packed with tofu and spinach		
<b>CHEESE LASAGNA</b>		NOT-SPICY
light creamy spinach and pasta		
<b>BHINDI</b>	VEGAN	SPICY-HOT
okra cooked deliciously with complimentary spices		
<b>SAG-TOFU</b>	VEGAN	NOT-SPICY
comforting spinach with tofu		
<b>BHAND GOBI</b>	VEGAN	NOT-SPICY
curried cabbage		

### **DESSERT ..... \$5.99 / lb.**

<b>RICE PUDDING</b>		DESSERT
a heavenly rice pudding		
<b>BANANA-PUDDING (eggless)</b>		DESSERT
savory bananas in unforgettable pudding		
<b>SUJI HALWA</b>	VEGAN	DESSERT
sweet creamy wheat dessert		
<b>JALEBI</b>	VEGAN	DESSERT
chick pea flour covered in a sweet syrup		

### **SOUP ..... \$2.99**

**INQUIRE FOR SOUP OF THE DAY**

### **SIDE ITEMS**

<b>NAN</b> .....	\$ .90
<b>ROTI</b> .....	\$ .70
<b>PITA (whole wheat)</b> .....	\$ .50
<b>SAMOSA</b> .....	\$ 1.25
<b>LADOO</b> .....	\$ .90
<b>ASSORTED BAKED GOODS (VEGAN &amp; DAIRY)</b>	

### **BEVERAGES**

<b>POP</b> .....	\$ 1.00
<b>RUBICON-JUICES</b> .....	\$ 1.25
<b>WATER - bottled</b> .....	\$ 1.00
<b>VRUIT</b> .....	\$ 1.25
<b>LASSI (dairy / soy)</b> .....	\$ 3.49
<b>COFFEE</b> .....	\$ 1.25
<b>HERBAL TEAS</b> .....	\$ 1.99